THE GUDANCE TIMES

AN UPDATE FROM THE DIVISION AVENUE HIGH SCHOOL GUIDANCE DEPARTMENT

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Upcoming SAT, ACT, AP Dates

March 9 SAT I/SAT II (DAHS is NOT a test site)

April 13 ACT (DAHS is NOT a test site)

May 4 SAT I/SAT II @ DAHS

May 6 – May 17 AP Exams @ DAHS

June 1 SAT I/SAT II @ DAHS

June 8 ACT (DAHS is NOT a test site)

Visit <u>www.collegboard.org</u> or <u>www.act.org</u> for more information.



HAPPY HOLIDAYS DIVISION!!!

Scheduling Information

Current 9th Graders: Counselors presented the scheduling process to current 9th grade students on Wednesday, December 5th, during their English classes. Counselors gave a thorough overview of the procedures and handed out course selection sheets and an on-line scheduling tutorial. Letters explaining this process were mailed home to parents on the 5th as well. 9th grade students have from Wednesday, December, 19th to Wednesday, January 23rd to input their schedules into PowerSchool and will meet with the counselors the week of January 28th.

Current 10th graders: Counselors will visit 10th grade English classes on Thursday, January 3 to present scheduling information and course selection sheets and give an overview of graduation requirements. Students will then meet with their guidance counselor the week of January 14 for a scheduling conference to select courses for the 2019-20 school year.

Current 11th graders: Counselors will visit 11th grade English classes on Wednesday, January 2 to present scheduling information and course selection sheets and give an overview of graduation requirements. Students will then meet with their guidance counselor the week of January 7 for a scheduling conference to select courses for the 2019-20 school year.

You will be able to view your child's course requests for the 2019-20 school year on the parent portal beginning Friday, February 8, 2019.

Need to talk over the holiday break or know someone who does? Call Long Island Crisis Center 516-679-1111 24-hour hotline. Also visit on the web longislandcrisiscenter.org

Levittown Public Schools Winter 2019 SAT Course PREPARATION FOR THE MARCH 9 SAT

Eight 2-Hour Classes Mondays and Wednesdays 7 to 9 PM Location: Levittown Schools District Office

January 28, 30, February 4, 6, 11, 13, 27, and March 4

Cost: \$275.00

Registration: www.methodtestprep.com/levittown

Visit <u>www.collegeboard.org</u> to register and pay for the SAT. The deadline to register for the March 9 exam is February 8

Questions? Contact Kevin Dennis - kdennis@methodtestprep.com or 516-597-4997

SENIORS

College Acceptance and Scholarship Letters are going to start coming in! Don't forget to give copies to your guidance counselor. We may use some of the scholarship information for the Senior Awards and/or Graduation programs. How to deal with stress:



- 1. Set realistic goals.
- 2. Learn how to relax.
- 3. Work off stress with physical activity.
- 4. Get enough sleep.
- 5. Talk to your school counselor or someone else you trust. www.studygs.net/stress.htm

The Balancing Act: Choosing High School Courses for College Success

Part 2 of a 4 part series

So what do I take?

The best preparation for college work is a challenging curriculum that's heavy on "core courses." Core Courses are the basics: Math, Science, English, Social Studies, and World language. Pick courses that keep the most options open. Push to the highest level that you can handle, as these will best serve you.

For juniors, it may be tempting to slack off once you've taken the number of core courses required for high school graduation, but don't give into that temptation. Keep in mind that your competition in the selective college admission game is taking that extra year or two of foreign language or that senior-year advanced chemistry elective. Try and max out with four years in all academic areas, as this gives you the best breadth of options.

Although core courses are the most important, choosing your electives wisely can also make a difference. Electives are your opportunity to follow your passions and round out your education. If you are concerned about the environment, take an extra earth science or environmental studies course. If singing is your first love, take a music theory course or try and play a musical instrument. If you'd love to have your own business someday, take accounting or other business-oriented classes. If you find yourself running home to update your own personal website, take advantage of any available electives in computers.

NACAC online newsletter

This will be the last Issue of The Guidance Times being mailed home. Future Issues, Parts 3 and 4 of this series and many other helpful and informative articles can be viewed on the Division Avenue Guidance Department webpage.



Make 2019 Your Year!