HOTLINE HELP!!! and SELF HELP GROUPS

...for people with drug and alcohol problems
NASSAU COUNTY DRUG & ALCOHOL 24-HOUR HOTLINE 481-4000

...for people with alcoholic relatives and friends
AL-ANON 433-8003

...for people with alcoholic parents
ALATEEN 433-8003

...if you drink too much
ALCOHOLIC’S ANONYMOUS 292-3040

...for families & friends of substance abusers
FAMILIES ANONYMOUS 221-0303 / 800-736-9805

...for coke & crack
COCAINE ANONYMOUS 212-262-2463

...for narcotics
NARCOTICS ANONYMOUS 827-9500

...for people who smoke too much
NICOTINE ANONYMOUS 631-665-0527

...for suicide
LONG ISLAND CRISIS CENTER HOTLINE 679-1111

...for abused children
CHILD PROTECTIVE SERVICES 1-800-342-3720

...for abused women and families
COALITION AGAINST DOMESTIC VIOLENCE 542-0404
N.U.M.C. PSYCHIATRIC HOTLINE (SCAN) 572-4894

...for runaways
NASSAU COUNTY RUNAWAY HOTLINE 1-800-621-4000
(for runaway, throw away, and maltreated youth and their families)
NASSAU HAVEN 221-1310
NASSAU COUNTY YOUTH BOARD 227-7117

...for people who gamble too much
GAMBLERS ANONYMOUS 1-631-586-7171

for counseling and referrals
LONG ISLAND CRISIS & COUNSELING CENTER 679-1111
YOUTH CRISIS HOTLINE 1-800-448-4663
MENTAL HEALTH ASSOCIATION OF NASSAU COUNTY 489-2322
YOURS, OURS, MINE COMMUNITY CENTER 796-6633
SOUTHEAST NASSAU GUIDANCE 781-1911

...for anonymous complaints on drug trafficking and crimes
DRUG CRIME REPORTING 1-800-448-3847

...for psychiatric emergencies
NASSAU UNIVERSITY MEDICAL CENTER
PSYCHIATRIC EMERGENCY 572-6115