## What's on the Menu?

Lunch Prices Students \$0.00 Reduced \$0.00 Adult \$5.19

Join Us for Breakfast! BREAKFAST SERVED AT HIGH SCHOOL 7:00 - 7:30 MIDDLE SCHOOL 7:15-7:50 Student Price \$0.00 Reduced \$0.00 Free \$0.00

## **December 2021 Lunch Menu** Tuesday Wednesday Thursday Friday Monday Food Shortages are nationwide Twisted Mozzarella and we are experiencing unavailable Tyson Chicken Nuggets(WG) French Bread Pizza **Breadsticks** Seasoned Green Beans items and last minute substitutions Oven Baked Fries **Dipping Sauce** We appreciate your Seasoned Mixed Vegetables Seasoned Carrots Fresh Cucumber & Tomato Salad understanding Fresh Fruit Fresh Fruit Fresh Fruit 10 Mozzarella Sticks Nachos **BBQ Chicken** Tyson Chicken Nuggets(WG) Pizza Day Oven Baked Waffle Fries **Dipping Sauce** Seasoned Beef Freshly Baked Biscuit Choose from Seasoned Mixed Vegetables Seasoned Green Beans Roasted Broccoli **Tostitos Scoops** Cheese Pizza Fresh Fruit Baked Vegetarian Beans Au Gratin Potatoes Fresh Fruit or Seasoned Corn Fresh Fruit Pepperoni Fresh Fruit Fresh Cucumber Slices **Tossed Salad** Fresh Fruit 13 15 17 **French Toast** Meatball Hero Mac & Cheese Tyson Chicken Nuggets(WG) Flat Bread Pizza Oven Baked Fries Seasoned Mixed Vegetables **Egg Patty** on a club roll Freshly Baked Biscuit Hash Brown Patty Seasoned Green Beans Seasoned Broccoli **Tossed Salad** Fresh Cucumber & Tomato Salad Cinnamon Glazed Carrots Fresh Pepper Strips Fresh Carrots Sticks Fresh Fruit Fresh Fruit Fresh Fruit Fresh Fruit Fresh Fruit 20 22 Tyson Chicken Nuggets(WG) **NO SCHOOL** Oven Baked Curly Fries **Holiday Recess** Chickpea Salad Christmas Eve CHEF/S CHEF/S CHEF/S Fresh Fruit **NO SCHOOL** NO SCHOOL **NO SCHOOL NO SCHOOL NO SCHOOL Holiday Recess Holiday Recess Holiday Recess** Holiday Recess **Holiday Recess** VIOW current men filter for allergies SOO nutrition information translate into other languages and more! Choose as an Alternate Fruit or Vegetable With Any Meal:

Dark Leafy Greens, Seasonal Vegetables and Fresh Fruit

## **Additional Daily Lunch Offerings:**

Deli Bar: Boar's Head(or equivalent) Made to order sandwic

Entrée Salads: Offered Daily

Bagel Meal: Fresh Bagel with All Natural Yogurt and or Cheese and Fruit, Vegetable & Milk

Yogurt Parfait: All Natural Yogurt with Granola & Fruit

Side Salad: Monday & Tuesday Chick Pea: Tuesday & Wednesday Com & Black Bean Friday Cucumber & Tomato

Menu is subject to change

Milk choices include 1% white, skim milk and fat free chocolate milk

This institution and the USDA is an equal opportunity employer and provide